

HISTORY : WHEAT & WHEAT FLOUR

Wheat is the second most important grain that is cultivated globally. Varieties of wheat are classified as either "spring" or "winter" types. Those terms refer to differences in the plant's response to cold weather.

Winter wheats flower only after several weeks of cold weather, so winter wheats are sown in autumn and harvested the following spring or summer in regions that have cold winters. Spring wheats have no such temperature requirement in order to flower. They are sown in spring where winters are cold enough to kill winter wheat, and they can be sown in autumn in regions that are relatively warm year-round. The most commonly grown durum wheat varieties are spring wheats; einkorn, emmer and spelt wheats can be either.

Wheats are also classified as "red" or "white" and as "hard" or "soft" (based on kernel characteristics). In North America, breads and rolls usually use higher-protein hard-wheat flour (which has more gluten, creating the spongy texture of yeast breads), while lower-protein soft-wheat flour goes into cakes, cookies, crackers and pastries.

Flours labeled "bread flour" at the supermarket are made from blends of hard wheats, with a protein content of 12 to 14 percent. Products labeled "cake flour" or "pastry flour" are from soft wheats with a protein content of 8 to 10 percent, and "all-purpose flour" is either medium-protein hard-wheat flour or a blend of hard- and soft-wheat flours with a protein content of 10 to 12 percent.

The Top Wheat Exporting And Importing Countries In The World

Rank	Country	Export of wheat, flour and wheat products in 2015/2016, (in 1,000 metric tons)	Country	Import of wheat flour and wheat products in 2015/2016 (in 1,000 metric tons)
1	European Union	33,100	Egypt	11,500
2	Russia	24,500	Indonesia	9,100
3	Canada	22,500	Algeria	8,100
4	United States	21,200	Turkey	7,300
5	Australia	16,300	European Union	6,700
6	Ukraine	15,800	Brazil	6,300
7	Argentina	8,810	Japan	5,700
8	Kazakhstan	7,500	Iran	5,500
9	Turkey	5,500	Mexico	4,500
10	Mexico	1,300	Nigeria	4,300

Global major exporting countries US, Russia, South Africa, Ukraine

We supply over 50 countries globally

**WE SERVE
GLOBALLY**

**WHEAT
WHEAT FLOUR**



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Health Aspects:

Recent books such as Dr. William Davis' *Wheat Belly* and David Perlmutter's *Brain Revive wheat*, blaming it for everything from "destroying more brains in this country than all the strokes, car accidents and head trauma combined" (Davis) to depression, schizophrenia and infertility (Perlmutter).

Seizing on these sensational claims, food manufacturers have flooded the market with "gluten-free" products – many of which are just sugar-laden junk food.

Thousands of people have come to believe that contemporary wheat causes gluten intolerance and they're convinced that they suffer from the ailment. Nutrition researchers can point to mountains of scientific data demonstrating the health benefits of whole-wheat foods. But that doesn't mean wheat is good for everyone.

Just under one percent of people in the United States suffer from an autoimmune condition called celiac disease, in which certain peptides – protein fragments produced during digestion of wheat's

gluten proteins – severely damage the walls of the intestines.

WHEAT FLOUR

Wheat Semolina:
Is the coarse, purified wheat middlings of durum wheat mainly used in making pasta and couscous. The word semolina can also refer to

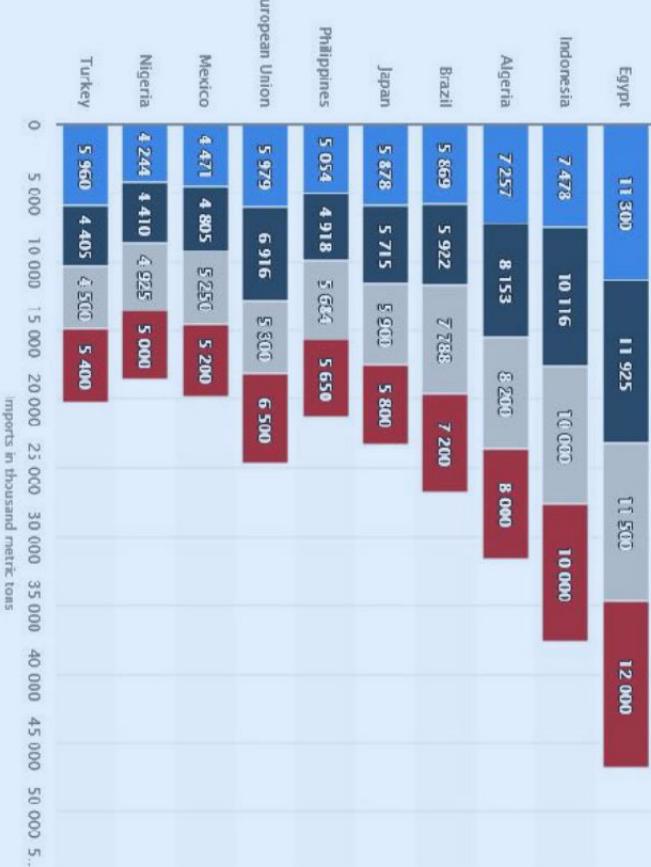
sweet dessert made from semolina and milk.

The term semolina is also used to designate coarse middlings from other varieties of wheat, and from other grains, such as rice and maize.

Semolina made from durum wheat is yellow in color



2017/2018 (in 1,000 metric tons)



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GLOBAL MAJOR WHEAT IMPORTERS